



Day 23 - Romans 12:19

Ask God to remove from you a desire that seeks to get even with someone who has hurt you by knowing that He will deal with it better than you ever could.

Day 24. - 1 John 4:20

Ask the Lord to reveal people that you are harboring hatred against because you know that you cannot love God and hate people that He loves.

Day 25- Psalms 42:5

Ask God to reveal why you are so downcast and discouraged and then take some time to write it out, ask God for strength knowing that He is your God.

Day 26 - Lamentations 3:22-23

Thank God today for the ways that He has been and continues to be so faithful to you and your family.

Day 27 - Psalms 34:17-18

Are you troubled or brokenhearted? Then cry out to Him today knowing that He will draw close to you when you draw close to Him.

Day 28 - Ephesians 5:3

Ask God to reveal areas where there may be a perception of sinful activity in your life and then confess it and get rid of it.

Day 29 - Psalms 73:26

Ask God to give you peace knowing that eventually your flesh and heart will fail but He never will.

Day 30 Philippians 4:6-7

Ask God to expose areas where you are allowing anxiety to control you and give those things over to Him.

30 Days of Prayer and Fasting

I am asking you to join me for a 30-day Challenge: a time of prayer and fasting. Let's begin Wednesday, March 8th, and conclude on April 7th, which is Good Friday. Fasting is a biblical discipline that builds spiritual intimacy, clarity, and direction. You must be the one who determines what type of fast you will do. If you have health concerns, you need to be careful and cautious. Whatever you give up, be mindful that you are doing this for a purpose and that purpose is to draw closer to Christ and His mission in this world.

I believe that we can become complacent in our mission as believers. I am hopeful that we will allow the Holy Spirit freedom to expose areas of life where we need His light, that we will be broken by our own sin, that we will be convicted by our lack of evangelistic drive that causes us to be silent when we should speak, that we will fall deeply in love with Jesus.

The Bible says that if we draw near to God, He will draw near to us. On the next pages, you will see that each day has a Bible verse or verses and a statement associated with that verse. Take some time each day to read the verse and consider the statement to guide your thinking.

30 Days of Verses

Day 1 - 1 John 1:8-9

Ask the Lord to search you today for ways that you have deceived yourself by rationalizing sin. Confess it, repent of it, and receive His forgiveness.

Day 2 - 1 Corinthians 10:13

Thank God today for His faithfulness in providing a way out when you are being tempted, then ask Him to keep you open to taking that way out.

Day 3 - James 4:7-8

Ask God to make your heart submissive to His will and purpose, then take some additional time to draw near to Him today.

Day 4 - Romans 3:23

Thank God for knowing that you are a sinful person and ask Him to expose areas where you are falling short of the mark.

Day 5 - Psalms 51:9-10

Ask God to remove the guilt of sin and create in you a pure and steadfast heart.

Day 6 – Proverbs 28:13

Ask God to expose the sin that you are trying to conceal and then be willing to name it and confess it.

Day 7 – Psalms 32:1-2

Thank God for the blessing of being forgiven and know that when you confess sin, He forgives.

Day 8 - James 5:16

Seek out someone this week with whom you can pray together. Share a request with them, receive a request from them, and then pray together.

Day 9 - Proverbs 3:5-7

Ask God to cause you to trust Him more than you trust in anything else or anyone else, and that you would reject feelings of self-sufficiency.

Day 10 – Matthew 4:19

Ask God to give you the heart to be a fisher of people who do not know Christ and a disciple-maker of those who do.

Day 11 - Matthew 28:19-20

Ask God to soften your heart for those who are not yet followers of Jesus and ask Him to cause you to step out of your comfort zone by sharing your faith.

Day 12 - 2 Timothy 2:2

Ask God to make you a disciple who loves to make other disciples for His Glory and to expand Kingdom impact.

Day 13 - Romans 12:2

Ask God to break a pattern of conforming to the pattern of the world's systems and values and ask Him to transform you from the inside out.

Day 14 - Isaiah 30:21

Take some time to thank God for affirming the direction that He is giving you with your life. If you are off track, now is a good time to get back on track.

Day 15 - Galatians 3:3

Ask God to expose areas where you feel that you don't need God's help and you are pushing through on your own effort, then give them up to Him.

Day 16 - Psalms 127:1-2

Ask God to give you guidance and balance in your life. Turn over to Him those things that you are worried about, then get some great sleep.

Day 17 - 2 Corinthians 12:9

Thank God for the areas of your life that your weakness is exposed and then thank Him for giving you strength to overcome through His strength.

Day 18 - James 1:19-20

Ask God to make you quicker to listen before you speak and slower to become angry and upset because you know that when you do this you are hurting the heart of God.

Day 19 - Proverbs 29:11

Ask God to remind you that you do not need to say everything that comes to mind and ask Him to keep your speech under His control.

Day 20 - Proverbs 15:1

Ask God to remind you that a gentle answer to a harsh response will bring the potential for further conflict under His control.

Day 22- Ephesians 4:26-27

Ask God to help you never go to bed with unresolved anger, because you know that Satan fills in the silence.